

**City of Huntsville Parks and Recreation**  
**Youth Recreational Return to Play/COVID-19 Safety Guidelines**  
**Winter 2020 - 2021**

Self-Screen

Before attending any COH Parks and Recreation training session, camp, game or any activity/event all players, parents, coaches and volunteers must complete a COVID-19 self-screen. Screen yourself and your child by answering the following questions;

- 1) Have you or your child had a fever with a temperature over 100 degrees Fahrenheit in the last 48 hours?
- 2) Do you or your child have any of these symptoms: cough, headache, diarrhea, nausea or vomiting, shortness of breath or difficulty breathing, muscle or body aches, loss of taste or smell, sore throat, fatigue or other flu-like symptoms?
- 3) Have you experienced any of the above described symptoms within the last 10 days?
- 4) Have you had exposure to a person under quarantine for COVID-19 within the last 10 days?
- 5) Have you had exposure to a person diagnosed with COVID-19 within the last 10 days?
- 6) Are you an at-risk individual? Immunocompromised?

If you answered **YES** to any of the screening questions, **STAY HOME!**

Pre-Session/Activity

Before entering the venues to attend a COH Parks and Recreation training session, camp, game, or activity/event, all players, parents, coaches, staff, and volunteers must adhere to the following:

- 1) Take your temperature and parents must take their player's temperature before entering the facility. If the temperature is over 100 degrees Fahrenheit, you are not permitted to enter. You must be temperature free for 48 hours to return to activity.
- 2) Players are not permitted to enter the location until 10 minutes before their scheduled session/activity time. Remain in your vehicle until you are permitted to enter. Once in the facility maintain physical distancing guidelines.
- 3) Where applicable, players will enter through a designated entrance.
- 4) Parents are not permitted to remain on the playing surface after completing their player drop off.
- 5) You must wear a mask (players and parents) or facial covering (self-supplied) that covers your nose and mouth to enter the facility and keep it on unless you are actively involved in play.
- 6) Players must bring their own equipment (ball, water bottle, etc.).

Session/Activity

During a COH Parks and Recreation training session, camp, game or activity all players, parents, coaches or volunteers must adhere to the following;

- 1) Maintain a minimum social distancing of 6 feet between individuals.
- 2) Physical contact is not permitted, high fives, handshakes, fist bumps, hugs, player huddles, group celebrations and such.
- 3) No physical contact between coaches and players.
- 4) You must wear a mask or facial covering at all times. Players may remove their mask when actively participating.

- 5) No sharing of water bottles, drink bottles, coolers, cups, food or equipment.
- 6) Disinfect balls at the beginning and at halftime of games.
- 7) Anyone not directly involved in the activity is not permitted on the playing surface during activities. Parents and spectators are permitted to watch while adhering to social distancing between households.
- 8) Practice session or activity will allow a minimum of 15 minutes between sessions to allow players to arrive and leave without contact.
- 9) Only coaches are permitted to handle training equipment.

**\*Facilities will have reduced spectator capacity during activities.**

**Post Session/Activity**

After a COH Parks and Recreation training session, camp, game or activity all players, parents, coaches or volunteers must adhere to the following;

- 1) There will be a maximum of 10 minutes after the conclusion of the activity to depart the venue.
- 2) After completing the session/activity, players and coaches are required to apply hand sanitizer (self-supplied) before leaving the playing area.
- 3) After completing the session/activity players will put on their masks to prior to leaving.
- 4) Players will leave under the coaches' direction and through a designated exit where possible.
- 5) Players and parents should leave the facility as soon as reasonably possible and avoid post play socializing.
- 6) Players and coaches must sanitize their equipment before and after each session.
- 7) Refrain from team snacks/drinks.

**Restroom Use**

Anyone using the restroom must adhere to social distancing, wear a mask and always wash their hands before leaving the restroom. Coaches, players, parents and volunteers must always sanitize their hands before returning to the court. Coaches will ensure their players sanitize their hands before returning to the court.

**\*Players and coaches must have personal hand sanitizer with them when attending activities.**

**Return to Play Responsibilities-Coach**

Ensure health and safety of players.

Notify the league if they or any of their players become ill.

Ensure all players have their own equipment (including hand sanitizer) at their own player station and keep each player station at least 6 feet apart.

Ensure all drills provide for social distancing.

Coaches must always wear a mask.

Required to have personal sanitizer and disinfectant spray to use on all equipment (cones, balls, etc.) before and after every session/activity.

**Return to Play Responsibilities-Parent**

Adhere to all COH guidelines as well as all local/state social distancing guidelines.

Ensure you and your player have completed the self-screen before all session/activity and also have personal hand sanitizer and face covering.

If possible, eliminate or reduce carpooling.

Return to Play Responsibilities-Player

Have personal hand sanitizer, face covering, equipment and water at all sessions/activities.

Do not share water bottles, food or equipment with anyone.

Physical contact is not permitted, high fives, handshakes, fist bumps, hugs, player huddles, group celebrations and such.

Place bags or equipment at least 6 feet apart.

Adhere to social distancing requirements and wash hand when going to the restroom. Sanitize hands before returning.

**\* Guidelines will be updated as new information becomes available**

